2019 | Volume Volume - 4 - Issue Issue - 1

In this issue

Research Article

Open Access Research Article PTZAID:JFSNT-4-115

Evaluation the Viability of the Saccharomyces Boulardii Bld-3 and its Influence on the Colonic Microbiota Composition by SHIME

Published On: August 20, 2018 | Pages: 012 - 017

Author(s): Hai-Bo Zhang, Ning Peng, Qian Cheng, Zhi-Xian Chen and Yan Zhang*

During this study the viability of Saccharomyces Boulardii Bld-3 during passage through the upper GIT under fed and fasted conditions was evaluated. For this purpose, a Simulator of the Human Intestinal Microbial Ecosystem (SHIME®) was used, which allows to re-create the physiological conditions that are representative of the human GIT. Furthermore, the aim of ...

Abstract View Full Article View DOI: 10.17352/jfsnt.000015

Open Access Research Article PTZAID:JFSNT-4-114

Sweet lupine recipe development and nutritional content of recipe at Holeta, Ethiopia

Published On: August 20, 2018 | Pages: 009 - 011

Author(s): Biadge Kefale* and Esayas Abrha

Legumes plants are important source of protein. Sweet lupine is one of the legumes plant which is protein and mineral source. In this study sweet lupine were prepared in different common Ethiopian food preparation methods in the form of cooked food (Nefro), Roasted food (Kolo) and Shero. ...

Abstract View Full Article View DOI: 10.17352/jfsnt.000014

Open Access Research Article PTZAID:JFSNT-4-112

Antioxidant activity and nutritional value of Citrus limetta and Ananas comosus pomace

Published On: January 22, 2018 | Pages: 004 - 007

Author(s): Preeti Chanalia, Dimpi Gandhi, Anjana, Suman Bala, Jasbir Singh and Suman Dhanda*

Pulp waste from two fruits, Citrus limetta and Ananas comosus were analysed for in vitro antioxidant activity, total carbohydrate and pectin content and ascorbic acid. Total polyphenols determined in terms of catechol equivalents per 100g of pomace were higher in Citrus limetta (63-112 mg of catechol equivalents/100g pomace) as compared to Ananas comosus (22-86 mg ...

Abstract View Full Article View DOI: 10.17352/jfsnt.000012

Open Access Research Article PTZAID:JFSNT-4-111

Dietary intake of vitamin D in the Moroccan adolescents

Published On: January 05, 2018 | Pages: 001 - 003

Author(s): El-houcine Sebbar*, Hicham Sam, Ennouamane Saalaoui and Mohammed Choukri

Aims: Most epidemiological studies show that vitamin D defi ciency is frequent in the general population including adolescents. The aim of our work is to evaluate the dietary intake of vitamin D in the Moroccan adolescents. Methods: This study included 257 Moroccan adolescents who performed a vitamin D questionnaire (VDQ), covering the consumption of four foods wi ...

Abstract View Full Article View DOI: 10.17352/jfsnt.000011

Opinion

Open Access Opinion PTZAID:JFSNT-4-113

Get back in shape after the excess food with the secret of the Etruscans

Published On: January 24, 2018 | Pages: 008 - 008

Author(s): Mario Pappagallo

Ancient advice (but scientifi cally modern) to help the body to regularize the metabolism, the biological clock, the use of fats and not to accumulate. Do not lose weight if you do not need it, but quickly get back to the right weight. Without drugs, without tricks.. ...

Abstract View Full Article View DOI: 10.17352/jfsnt.000013