2022 | Volume Volume - 3 - Issue Issue - 1

In this issue

Short Communication

Open Access Short Communication PTZAID:OJH-3-106

Do we really need nutraceutical liver support? Experimental effectiveness, risks and proven clinical benefits

Published On: March 10, 2021 | Pages: 001 - 004

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Liver is the largest and one of the most metabolically active organ in the body. With a crucial role in the clearance of toxins such as aflatoxins, microbes and metabolic by-products. This constant exposure to inner and environmental harmful substances may be potentially overwhelmed and be affected by a degree of liver damage ranging from hepatitis and Non-Alcoholic F ...

Abstract View Full Article View DOI: 10.17352/ojh.000006